Get to know your system

Side-fill design lets you apply a drop of blood to either side of the test strip. It’s the only test strip that works with your OneTouch®/Verio® Meter.

Large display makes it easy to see your results.

Color-coded range indicator helps you understand your results.

Side buttons make it easy to use.

Designed for comfortable testing.

Get started testing

Apply Blood

Insert a test strip and wait for the Apply Blood screen to appear.

Get a drop of blood and apply it to either side of the test strip.

Wait for the meter to count down and display your glucose test result.

Messages will automatically appear to help you understand your results.

Your 7-Day Average shows up automatically when you test two or more times over the past 7 days.

Know if you are in-range or out-of-range

High Pattern Messages

Tell you when your results are consistently above your high-range limit around the same time of day.

Low Pattern Messages

Tell you when your results are consistently below your range limit around the same time of day.

NOTE: Pattern messages must be turned on for these messages to be displayed.

Know when you’re making progress

Consistency Message

Tells you how often your past several results have been in range during the past 7 days.

Achievement Message

Tells you when your current result is in range following three or more results in a row that were above your high range limit.

NOTE: The Progress Note (Consistency and Achievement) message must be turned on for these messages to be displayed.

Know when you’ve developed a pattern

High Pattern Messages

Tell you when your results are consistently above your high-range limit around the same time of day.

Low Pattern Messages

Tell you when your results are consistently below your range limit around the same time of day.

NOTE: Low Pattern messages must be turned on for these messages to be displayed.

Know your glucose history

Review your individual glucose results on the Results Log screen.

Check your glucose averages over several time periods on the Averages screen.

System

If you’re in a pattern, your meter will prompt you to treat and retest.

When your result is below the low range limit, your meter will prompt you to treat the result.

The OneTouch Verio® Meter helps you better understand your results without any extra work.

START HERE

Symbols on the display:

High Pattern

Low Pattern

Above Range

In Range

Below Range

Control solution

Buttons on the side:

Press and hold to turn meter on

Press and release to make a selection

Scroll up through screen entries

Scroll down through screen entries

Press and release to go back; press and hold to go to Main Menu

Treat Low Result Message

When your result is below the low range limit, your meter will prompt you to treat and retest.

Know when you’ve developed a pattern

High Pattern Messages

Tell you when your results are consistently above your high-range limit around the same time of day.

Low Pattern Messages

Tell you when your results are consistently below your range limit around the same time of day.

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Know your glucose history

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Check your glucose averages over several time periods on the Averages screen.

Dont’ let your glucose readings over-ride your personal decisions on the screen.
Get started testing

**Apply Blood**

- Insert a test strip and wait for the **Apply Blood** screen to appear.
- Get a drop of blood and apply it to either side of the test strip.
- Wait for the meter to count down and display your glucose test result.

Messages will automatically appear to help you understand your results.

**Your 7-Day Average** shows up automatically when you test two or more times over the past 7 days.

Know if you are in-range or out-of-range

- **Above Range**
- **In Range**
- **Below Range**

A colored dot and message appear below your result to let you know if you’re within, below or above your range limits. The range limits are the ones you set in the meter.

**Treat Low Result Message**

When your result is below the low range limit, your meter will prompt you to treat and retest.

Know when you’re making progress

- **Consistency Message**
- **Achievement Message**

A Consistency Message tells you how often your past several results have been in range during the past 7 days. An Achievement Message tells you when your current result is in range following three or more results in a row that were above your high range limit.

**NOTE:** The Progress Note (Consistency and Achievement) message must be turned on for these messages to be displayed.

Know your glucose history

- **Results Log**
- **Averages**

Review your individual glucose results on the **Results Log** screen. Check your glucose averages over several time periods on the **Averages** screen.

Know when you’ve developed a pattern

- **High Patterns Message**
- **Low Patterns Message**
- **High Pattern Message**
- **Low Pattern Message**
- **Achievement Message**

A High Patterns Message lets you know your results are consistently above your high range limit and the design indicates the number of days.

A Low Patterns Message tells you your results are consistently below your range limit and the design indicates the number of days.

**NOTE:** The Progress Note (Consistency and Achievement) message must be turned on for these messages to be displayed.

Know your blood glucose results in the **Results Log**.

- **System**
- **mg/dL**

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Know your glucose history

- **Results Log**
- **Averages**

Review your individual glucose results on the **Results Log** screen. Check your glucose averages over several time periods on the **Averages** screen.

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- **High Pattern Message**
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Know your blood glucose results in the **Results Log**.

- **System**
- **mg/dL**

See Owner’s Booklet for additional details. As your partner in diabetes care, we welcome you to contact us (7 days a week, 8 a.m. - 10 p.m. Eastern Time) at 1-888-567-3003 (English), 567-3010 (español), or www.OneTouch.com.

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Quick Start Guide

The OneTouch Verio® Meter helps you better understand your results without any extra work.

START HERE

**Symbols on the display**

- **High Patterns**
- **Low Patterns**
- **Above Range**
- **In Range**
- **Below Range**
- **Control solution**

**Buttons on the side**

- **Press and hold to turn meter on**
- **Press and release to make a selection**
- **Scroll up through screen entries**
- **Scroll down through screen entries**
- **Press and release to go back; press and hold to go to Main Menu**

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