

Register your meter or download the Spanish Owners booklet support.onetouch.com



Quick Start Guide OneTouch Ultra Plus Flex™ Blood Glucose Monitoring System

Use this guide to get to know your meter, and follow the steps inside to get started.



IMPORTANT: Please read the Owner's Booklet that came with your system.



AW 07295201A

Intended use

The OneTouch Ultra Plus Flex™ Blood Glucose Monitoring System is intended to be used for the quantitative measurement of glucose (sugar) in fresh capillary whole blood samples drawn from the fingertip.

The OneTouch Ultra Plus Flex™ Blood Glucose Monitoring System is intended for self-testing outside the body (*in vitro* diagnostic use) by people with diabetes at home as an aid to monitor effectiveness of diabetes control.

Limitations

The OneTouch Ultra Plus Flex™ Blood Glucose Monitoring System is intended to be used by a single patient and should not be shared. Do not use on multiple patients. The OneTouch Ultra Plus Flex™ System is not to be used for the diagnosis or screening of diabetes or for neonatal use. The OneTouch Ultra Plus Flex™ System is not for use on critically ill patients, patients in shock, severely dehydrated patients or hyperosmolar patients (with or without ketosis). **Do Not** use the OneTouch Ultra Plus Flex™ System for alternate site testing (AST).

PLEASE REFER TO YOUR OWNER'S BOOKLET FOR ADDITIONAL LIMITATIONS OF USE.

1

Set the time and date on your meter

Turn it on

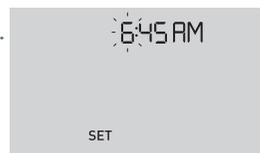
Press and hold until the start-up screen appears.

Use buttons to edit each setting and press to confirm.



Set the time on the first SET screen.

- > Hour flashes. Press if correct or edit and confirm.
- > Minutes flash. Press if correct or edit and confirm.
- > AM/PM flashes. Press if correct or edit and confirm.



Set the date on the next SET screen.

- > Year flashes. Press if correct or edit and confirm.
- > Month flashes. Press if correct or edit and confirm.
- > Day flashes. Press if correct or edit and confirm.



Ready to test

Your meter setup is complete when the screen with 3 dashes appears.



2

Take a test

Silver prongs

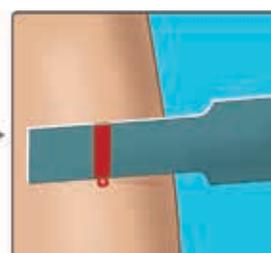
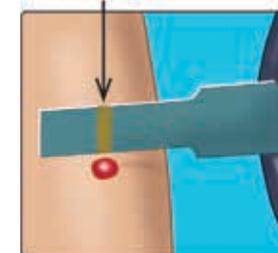


Flashing blood drop appears.

Test strip port

Insert a test strip (blue side and 2 silver prongs facing you) to turn the meter on.

Channel



Apply blood sample to the channel on either side of the test strip. Wait for the channel to fill.

The channel turns red and the meter counts down from 5 to 1.

3

View your reading



Example of an In Range reading

Your reading appears on the display. The Range Indicator arrow points to the blue, green, or red Range Indicator color bar, to let you know your reading is below, within, or above your range limit.



Example of a Below Range reading



Example of an Above Range reading

4

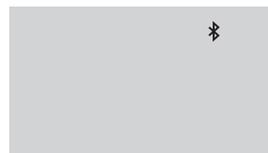
Optional: Connect to a mobile device

Your meter comes with **Bluetooth®** technology. This allows you to wirelessly send your readings to a mobile device such as a phone or a tablet, where you can view and graph them.

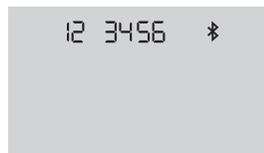
To learn more about using your meter's wireless feature and view a complete listing of compatible devices and software applications, visit us at www.OneTouch.com.

Connecting your meter

Press **OK** and **▲** at the same time to turn the **Bluetooth®** feature on and off. When prompted by your mobile device, enter the PIN shown on your meter into your device.



The  symbol means **Bluetooth®** is on.



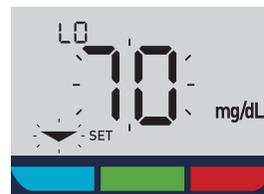
Example of a PIN number.

Meter symbols

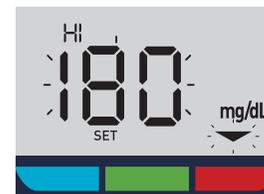
	Meter power		Bluetooth® feature on
	Low battery		History Mode (past readings)
	Battery empty		Apply sample
	Control solution		Range Indicator arrow
	Syncing	SET	Setting mode

About the Range Indicator

Your meter comes with a Range Indicator that automatically lets you know if your reading is below, above or within your range limits. The high and low range limits used by the Range Indicator are pre-set as follows:



Pre-set low range limit



Pre-set high range limit

For details about changing the pre-set range limits to suit your needs, refer to your Owner's Booklet.

IMPORTANT SAFETY INSTRUCTIONS:

- Refer to the User Guide or Owner's Booklet for important information about cleaning and disinfecting your meter, lancing device and caps.
- After use and exposure to blood, all parts of this kit are considered biohazardous. A used kit may potentially transmit infectious diseases even after you have performed cleaning and disinfection.

For more information see: FDA Public Health Notification: "Use of Fingerstick Devices on More than One Person Poses Risk for Transmitting Bloodborne Pathogens: Initial Communication" (2010) <http://wayback.archive-it.org/7993/20170111013014/http://www.fda.gov/MedicalDevices/Safety/AlertsandNotices/ucm224025.htm>.

CDC website on "Infection Prevention during Blood Glucose Monitoring and Insulin Administration" (2010) <http://www.cdc.gov/injectionsafety/blood-glucose-monitoring.html>.

As your partner in diabetes care, we welcome you to contact us (7 days a week, 8:00 AM - 8:00 PM Eastern Time) at 1888 567-3003 (English), 1888 567-3010 (Español), or www.OneTouch.com.

Meter Made in China
Consult instructions for use.

Manufactured by:
LifeScan Europe GmbH
Gubelstrasse 34
6300 Zug
Switzerland

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